



ATHLETE GUIDE

Cycling Road Race

Saturday 5 October 2024

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EVENT PROGRAM

DATE	
7.00am	Warm-up
7.50am	Registration opens – At Track
8.15am	Registration closes
8.20am	Cyclist Line Up Rolling Mass Start
8.30am	Race Briefing on track
8.40am	Race Start
10.00am	Presentation

START ORDER

Transplant Competitor - 5km Road Race			
102	Jake Prince	WA	Male 15-17
Supporter Competitor - 5km Road Race			
101	Riley mccourt	NSW	Male 12-14
Transplant Competitor - 30km Road Race			
107	David Coleman	NSW	Male 20-29
108	Lachlan Ninnas	QLD	Male 20-29
109	Nicholas Brady	NSW	Male 30-39
110	Digvijay Singh Gujral	INTERNATIONAL-INDIA	Male 30-39
111	Aaron Lee	WA	Male 30-39
112	Amy McAlpine	NSW	Female 30-39
113	Kate Phillips	QLD	Female 30-39
114	Tamaryn Stevens	VIC	Female 30-39
115	Lucas Cairns	NSW	Male 40-49
116	Rob Hodgson	NSW	Male 40-49
117	Perry Judd	QLD	Male 40-49
118	Joshua Lindenthaler	ACT	Male 40-49
119	Daniel Moore	NSW	Male 40-49
120	Glen Scholz	NSW	Male 40-49
121	Danny Ussher	VIC	Male 40-49
122	Heather Armstrong	QLD	Female 50-59
123	Michelle Daley	NSW	Female 50-59
124	Clive Hunton	ACT	Male 50-59
125	Linus Vickers	QLD	Male 50-59
126	Gregory Beythien	QLD	Male 60-69
127	Bruce Giles	NSW	Male 60-69
128	Craig Robinson	NSW	Male 60-69
129	Peter Thornton	VIC	Male 60-69

Supporter Competitor - 30km Road Race			
103	Ashley Reynolds	VIC	Female 30-39
104	Naomi Neale	NSW	Female 40-49
105	Kylie Scholz	NSW	Female 40-49
106	Julie Scudds	WA	Female 50-59
130	Lachlan Sheather	NSW	Male 15-17



REGISTRATION

Registration will be from 7.50am – 8.15pm on Saturday 5 November at the Sutton Track.

Collect race pack – Timing Chip, Bib No.

Athlete briefing will be done before the start of race.

RACE NUMBERING

Bib no.s to be placed on the back of your jersey.



CYCLE COURSE

The cycle route is a looped course that has its challenges so enjoy. See below maps.

COURSE MAP

5km – 2 laps

30km – 12 laps

Description

- Cyclists will start on the track about 5m behind the start line. Cyclist will start on the horn and proceed down the course.
- The loop is 2.5km and cyclists will continue looping for their required number of laps.
- On completion of their laps cyclist should stay right to allow lapped cyclists to continue on the left.
- If passing please verbally communicate which side you are passing e.g. 'on your right'

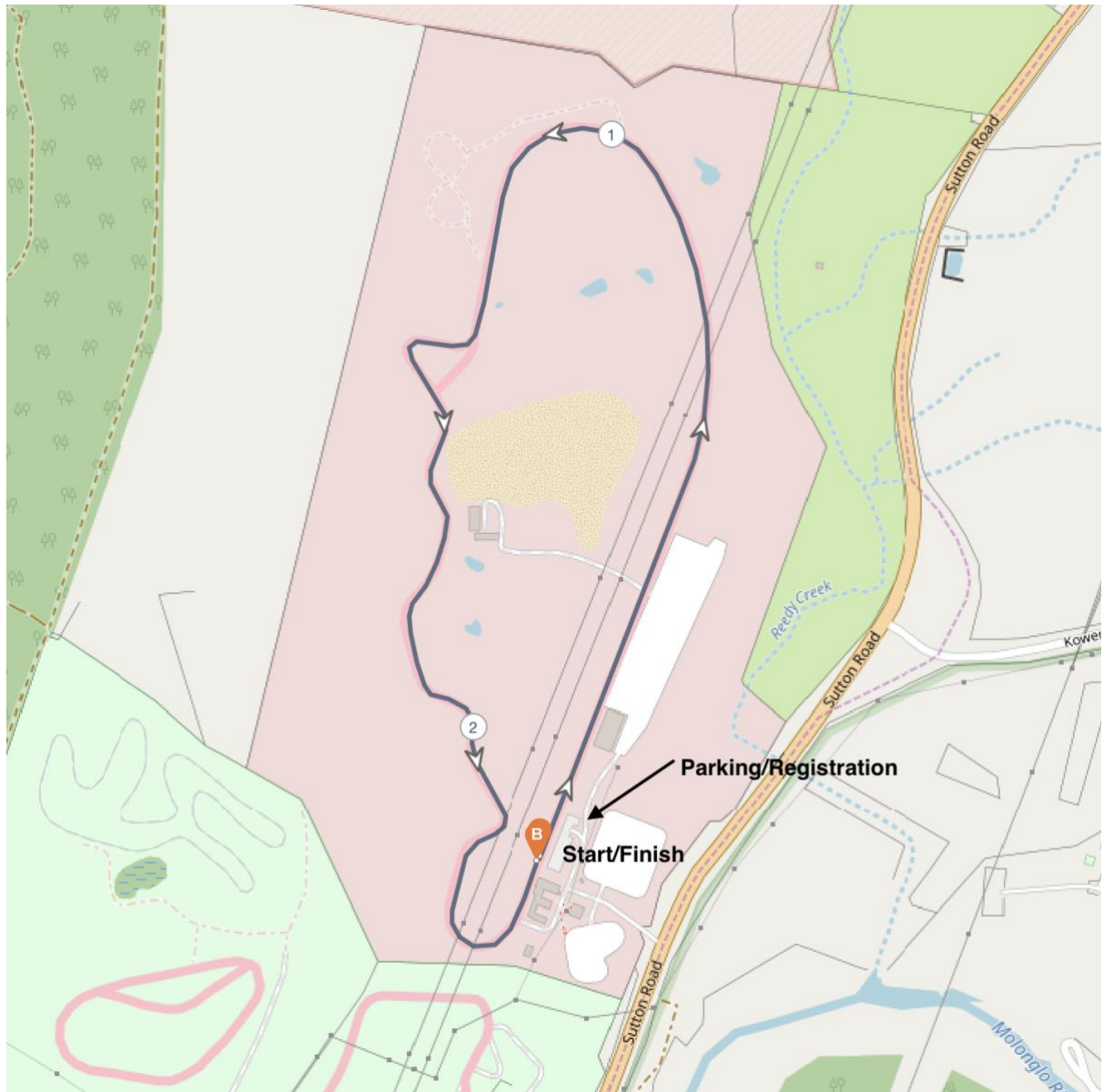
COURSE MAP

Click on this link to see an interactive map - <https://www.plotaroute.com/route/2756677?units=km>

WARM UP

Cyclist may use the course to warm up prior to registration.





TIMING

The timing band must be placed on your left ankle and worn throughout the race. You must cross the mats at all timing locations to receive an official race time.

Once you finish, return the timing chip to the blue small bin at the end of the race. Unreturned bands will be fined \$100.

Timing for this event is provided by Race Performance Timing.

RESULTS

Results will be available on at the following URL

<https://my.raceresult.com/309507/results>

FIRST AID & SAFETY

First Aid officers will be situated at the Finish Line area.

PARKING

Parking is free at the Sutton track parking area.

FOOD

There is no food vender at the Sutton Centre so please pack enough food for the morning. There will be a water cooler with water available.

SPECTATING

Spectators are allowed at the event but must ensure you stay off the bike track for the safety of the athletes.

TOILETS

Toilets are located at Sutton Centre.

PHOTOGRAPHY/SOCIALS

Feel free to snap away and provide any photos to Transplant Australia and/or tag us #ATG2024 #donatelife