

australian  
**transplant**  
**games**  
CANBERRA **2024**



# ATHLETE GUIDE

Cycling Time Trial

Friday 4 October 2024

# CONTENTS

Event Program .....	3
Start Order .....	3
Registration .....	5
Race Numbering .....	5
Cycle Course.....	6
Course Map.....	6
Course Map.....	6
Warm Up .....	8
Timing .....	8
Results .....	8
First Aid & Safety .....	9
PARKING.....	9
Food .....	9
Spectating .....	9
Toilets.....	9
Photography/Socials .....	9

## EVENT PROGRAM

DATE	
7.00am	Warm-up
7.50am	Registration opens – SFP Pavilion
8.15am	Registration closes
8.20am	Cyclist Line Up in Race Order
8.30am	Race Briefing on track
<b>8.40am</b>	<b>Race Start – 1min intervals</b>
<b>10.00am</b>	<b>Presentation</b>

## START ORDER

Transplant Competitor - Cycling 1km Time Trial				
8.40am	81	Alfie Roweth	NSW	Male 6-8
8.41am	82	Ariana Ford	ACT	Female 9-11
8.42am	83	Maddison Corbett	ACT	Female 9-11
Supporter Competitor - Cycling 1km Time Trial				
8.43am	54	Darcy Scholz	NSW	Male 6-8
8.44am	55	Jasmine Scholz	NSW	Female 9-11
8.45am	56	Heidi Scholz	NSW	Female 9-11
8.46am	57	Austin Roweth	NSW	Male 9-11
Transplant Competitor - Cycling 5km Time Trial				
8.47am	84	Jake Prince	WA	Male 15-17
8.48am	85	Lachlan Sheather (Supporter)	NSW	Male 15-17
Transplant Competitor - Cycling 10km Time Trial				
8.55am	79	David Colman	NSW	Male 20-29
8.56am	80	Kate Phillips	QLD	Female 30-39
8.57am	58	Lachlan Ninness	QLD	Male 20-29
8.58am	59	Nicholas Brady	NSW	Male 30-39
8.59am	60	Amy McAlpine	NSW	Female 30-39
9.00am	61	Tamaryn Stevens	VIC	Female 30-39
9.01am	62	Aaron Lee	WA	Male 30-39
9.02am	63	Glen Scholz	NSW	Male 40-49
9.03am	64	Danny Usher	VIC	Male 40-49
9.04am	65	Perry Judd	QLD	Male 40-49
9.05am	66	Rob Hodgson	NSW	Male 40-49
9.06am	67	Joshua Lindenthaler	ACT	Male 40-49
9.07am	68	Daniel Moore	NSW	Male 40-49
9.08am	69	Troy Scudds	WA	Male 50-59
9.09am	70	Heather Armstrong	QLD	Female 50-59
9.10am	71	Robert Mihalic	NSW	Male 50-59

9.11am	72	Michelle Daley	NSW	Female 50-59
9.12am	73	Linus Vickers	QLD	Male 50-59
9.13am	74	Craig Robinson	NSW	Male 60-69
9.14am	75	Corinne Perrett	WA	Female 60-69
9.15am	76	Peter Thornton	VIC	Male 60-69
9.16am	77	Gregory Beythien	QLD	Male 60-69
9.17am	78	Bruce Giles	NSW	Male 60-69
Supporter Competitor - Cycling 10km Time Trial				
9.18am	51	Ashley Reynolds	VIC	Female 30-39
9.19am	52	Kylie Scholz	NSW	Female 40-49
9.20am	53	Julie Scudds	WA	Female 50-59



## REGISTRATION

Registration will be from 7.50am – 8.15pm on Friday 4 November at the SFP Pavilion.

Collect race pack – Timing Chip, Bib No.

Athlete briefing will be done before the start of race.

## RACE NUMBERING

Bib no.s to be placed on the back of your jersey.

## CYCLE COURSE

The cycle route is a looped course that has its challenges so enjoy. See below maps.

### COURSE MAP

1km – 1 lap

5km – 4 laps

10km – 8 laps

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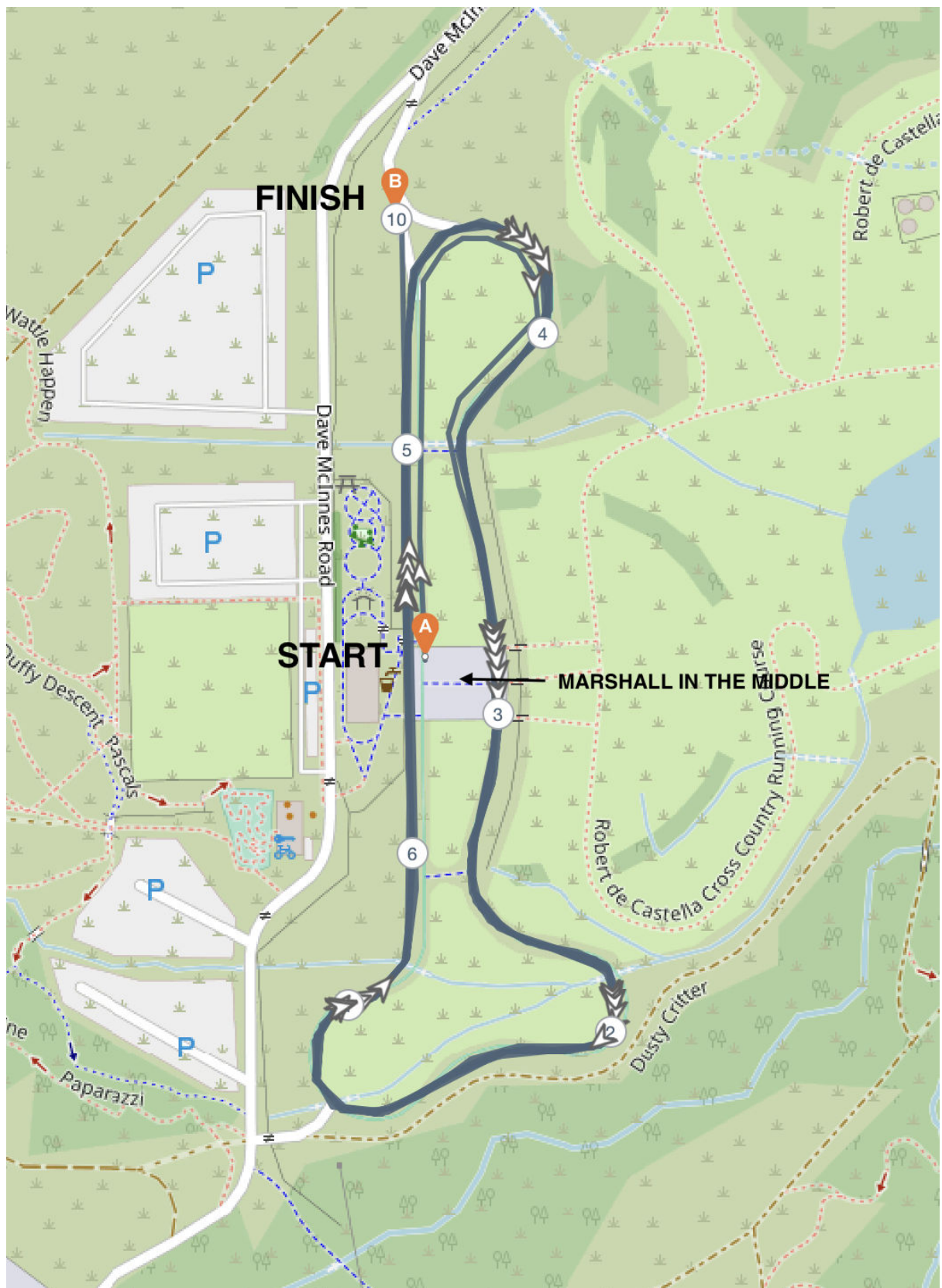
### Description

- Cyclists will start in the middle of the course at 1 min intervals as per the start order.
- Cyclists will stay right of the cones until they merge onto the course. When merging please check left to see any oncoming cyclists.
- If passing please pass on the right and communicate that you are approaching the slower cyclist.
- There will be a timing mat counting each lap however it is up to the cyclist to count their own laps.
- When finishing you will veer left at the top of the track and finish under the archway.

### COURSE MAP

Click on this link to see an interactive map - <https://www.plotaroute.com/route/2569018?units=km>





## WARM UP



Cyclist may use the course to warm up prior to registration. Other options is the crit track extension which leads to a long bike path that follows Uriarra road.

## TIMING

The timing band must be placed on your left ankle and worn throughout the race. You must cross the mats at all timing locations to receive an official race time.

Once you finish, return the timing chip to the blue small bin at the end of the race. Unreturned bands will be fined \$100.

Timing for this event is provided by Race Performance Timing.

## RESULTS

Results will be available on at the following URL

<https://my.raceresult.com/307397/results>



## FIRST AID & SAFETY

First Aid officers will be situated at the Criterium Circuit/Finish Line area. Parking

## PARKING

Parking is paid parking at Stromlo Forest Park.

## FOOD

The Stromlo Leisure Centre has a café that is open during the event. The Handlebar café at the track maybe home due to school holidays.

## SPECTATING

Spectators are allowed at the event but must ensure you stay off the bike track for the safety of the athletes.

## TOILETS

Toilets are located at Stromlo Forest Park and Stromlo Leisure Centre.

## PHOTOGRAPHY/SOCIALS

Feel free to snap away and provide any photos to Transplant Australia and/or tag us #ATG2024 #donatelife